

# Allen Parish Fire District 3

## 5K Walk/Run

Saturday, November 14th, 2015 ~ 10am

4371 Hwy 377 Grant, LA 70644

*5Krun and 5K walk*

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### RACE ENTRY FORM

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ M or F: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

CHECK ONE:  5K RUN  5K WALK

#### ENTRY FEES

Entry fee \$20.00. All profits from event go toward  
Food baskets for those less fortunate in our community.

9:00am = Check-in and Registration

Start Time: 10:00am

Run Categories: Male & Female – 19 & under, 20-29, 30-39, 40-49, 50-59 and 60 & over.

Walk Categories: All ages Male & Female

Awards for 1<sup>st</sup> & 2<sup>nd</sup> in each category and 1<sup>st</sup> & 2<sup>nd</sup> walker

Waiver (must be signed to participate): *I waive and release any and all rights and claims for damages for me, my heirs, executors, and administrators that I may now or in the future have against Allen Parish Fire District 3, event sponsors, their representatives, agents or assigns, for any and all losses and injuries suffered from or participating in the November 14<sup>th</sup> 5K Walk/Run.*

Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature (participants under 18 years of age): \_\_\_\_\_

**Return entry forms to:**  
Allen Parish Fire District 3  
P.O. Box 201  
Grant, LA 70644  
(Must be received by  
November 13th)  
Or bring day of event.

Questions:  
Chief Les Kolb  
337-396-5720

**Sponsored by:**  
**Allen Parish Fire District 3**